



**ESSAR**  
CHESTER HALF  
MARATHON

# CONGRATULATIONS!

## Kara Frost



YOU COMPLETED THE  
**ESSAR** CHESTER HALF MARATHON 2023

ON SUNDAY 21 MAY IN THE FOLLOWING TIME:

Chip Time:

2:06:27

Age Group position:

174

Average Pace:

09:51 min/mile

*Chris* Chris Hulse  
Race Director

*Audy* Andy White  
Race Director