



# Congratulations

This is to certify that,

## Pamela Grimwade

Has successfully achieved a **fast for age**  
time on Sunday 2nd October 2016.

Time	3:42:51	Gender	Female	Age group	FV40
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*C. Hulse*

Chris Hulse  
Race Director

*A. White*

Andy White  
Race Director

*Good Times!*